

PRESCHOOL CURRICULUM

At St. John's Lutheran Preschool, our curriculum is designed to nurture the whole child and help them grow spiritually, intellectually, physically, socially and emotionally. All this takes place in a caring, supportive, Christ-centered environment.

We use a **developmentally appropriate, play-based approach** that encourages children to explore, experiment and problem-solve. Children engage in hands-on learning through a balance of structured and unstructured play as well as teacher guided activities.

Play-based learning encourages children to be active participants in their learning and provides opportunities for children to explore their environment and experiment with new ideas and concepts. All these play activities are theme-based and create a context for children to understand and apply their new knowledge and therefore retain it better.

Our curriculum includes:

- **Spiritual Formation** – daily prayers, Bible stories, chapel time and learning about God's love
- **Literacy & Language Development** – emergent reading and writing skills- letter recognition, sounds, rhyming, reading comprehension, recall, vocabulary building and name writing
- **Math Readiness** – patterns, counting, shapes, measurement, graphing and number recognition
- **Science & Discovery** – exploring God's creation through sensory activities, experimentation and observation
- **Social & Emotional Development** – building friendships, sharing, self-regulation and character development
- **Fine & Gross Motor Skills** – writing, painting, outdoor playground and indoor gym
- **Fine Arts** - music, singing, dancing, instruments and art using a variety of materials and techniques

Through engaging activities, caring teachers, and a safe cheerful atmosphere, we aim to create a rich and supportive environment that nurtures a child's development and fosters a love for learning. Our goal is to lay a strong spiritual and academic foundation for kindergarten and beyond.