

February 16, 2024

WATCH YOUR WORDS

The words of the Lord are pure words, like silver refined in a furnace on the ground, purified seven times. Psalm 12:6 (ESV)

“Sticks and stones may break my bones but words will never hurt me.” You may have heard of it, but it is not true. As a 9-year-old I hear it a lot. People believe that it is trying to encourage you that words don’t hurt. But they do. God’s words are as precious as gold. He loves you, but words hurt. My sister sometimes says rude things to me. For example, if I tell her something and she says back, “I don’t care,” it hurts. So, I encourage you to challenge yourself: ask God to cleanse your words and tell someone a compliment. Also, sometimes you don’t even need to talk to someone. You can communicate by actions. For example, when I went to Chicago there was a lot of people sitting on the streets. I went up to them and gave them money without talking, but I smiled. So, I communicated by smiling and giving them money.

Let’s pray: Dear God. Please help me to watch my words and help me say good things to someone even if they are mean to me. In Jesus’ name, Amen.

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